



# THE VILLAGE VOICE

BY: HISTORIC OLD HICKORY VILLAGE (HOHV)  
P.O. BOX 13, OLD HICKORY TN 37138

WWW.OLDHICKORY.ORG - WINTER 2009

## The CIRCUS Came to Town

The Village was treated to a BIG event in January. Walker Bros. Circus performed in front of bleachers filled with excited kids at the community center gym. But if you thought this would be a show only children would enjoy, you thought wrong. Maybe it was the fact that the stage was only a few yards in front of you instead of being in the nose-bleed section of the Sommet Center. You could literally see the muscles tightening when Miss Rebecca, the trapeze artist, hung from a rope by only her feet. No safety harness, no net below. Or later when she came back and climbed to the rafters on two strips of hanging fabric called Tissue, and then unravels from the silk by free falling to the ground, catching herself just inches from the floor.



Lucio the Clown



gave us humorous relief from those intense moments, even pulling volunteers from the audience. Mitchel Weber went into the ring not knowing he just volunteered to have knives thrown at his head. He was blindfolded during the skit, so he may not know that the knives he thought Lucio was throwing inches from his face were really hand placed by someone from around back. It was obvious he didn't know then by the two foot jump he made after a "flying" knife popped a balloon between his legs.

But that hardly touches all the events that occurred during the show. There was the 12 year old juggling Paulo, the world's smallest contortionist, pony rides, and a lady twirling flaming objects with her feet. Having the circus was definitely a treat for the Village and hopefully they will find their way back again next year.



Old Hickory is slowing moving to modern technology and now has a Facebook group set up. If you have a Facebook account and want to see the page or become a member, see the front page of [www.oldhickory.org](http://www.oldhickory.org).

**PHOENIX FLEA MARKET**

1409 Robinson Road  
Old Hickory, TN 37138  
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# BUSINESS SPOT LIGHT

# PHOENIX FLEA MARKET

A building with 22,000 square feet, rows and rows as far as you can see with shelves packed full of discounted items for sale. Is Old Hickory getting a new superstore? Nope, this store is already here. It's Phoenix Flea Market on Robinson Rd. As we all know the economy is not quite as strong as it has been, so we would be happy to find a good deal anywhere. Would you like a good deal on a leather jacket? How does \$35 sound? What about \$15 for a cushioned chair? At least go check it out, you never know what you might find with thousands upon thousands of items for sale.

During your first visit you'll think you've seen it all and turn a corner only to see another room just as big. 82 vendors have space offering goods from golf clubs, tools, and furniture to purses, books, antiques, and stuff animals. There are spaces with 50-75% off right now.

Becky Wingard and Dot Smith have owned Phoenix for about 5 years and are happy to be a part of Old Hickory. They would love for you to come and visit. And remember there are new items everyday, so come back again!



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## Mind ~ Body ~ Spirit

Jan Fox has started a fun yoga class designed for all levels using postures (stretching) and breathing to assist keeping the body and mind calm and supple. She has been practicing yoga for 10 years and it has truly changed her life. Yoga, she says, assists with depression, joint issues, self esteem and confidence. Most people will say "I'm not flexible" and think that yoga is not for them. In reality it's the opposite. All individuals have their own personal paths and flexibility, yoga enhances life, it doesn't hurt - it can be slightly bittersweet at times though. Practicing yoga invigorates and lengthens muscles assisting in lowering risks of diseases and ailments. There are many forms of yoga and thousands of postures. Jan focuses on a good stretch, positive uplifting guidance with a little invigorating flow movements, then ending with a nice relaxation to settle in all the work. There's no commitment or experience necessary, it's a drop-in week by week class.

8:45 am Thursdays ~ Old Hickory Community Center  
Questions: 293-8823



## Mark Your Calendars!

- Every 1<sup>st</sup> Mon, HOHV meeting, Comm Ctr
- Every 1<sup>st</sup> Thur, Neighborhood Watch
- Every 1<sup>st</sup> Tues, Chamber lunch @ Country Club
- Every Wed, 10am, Library Story Hour
- March 7 ~ Outreach Center, Bargains for a Bargain
- March 11, 6pm, Baptist Financial Peace University
- March 17, 6:30pm, Library Book Club
- March 28, 8:30-1pm ~ Church of Christ
- Family Safety Day
- April 4, 9am, Methodist Breakfast w/ Easter Bunny
- April 9, 7pm, Presbyterian Maundy Thursday

## HOME TOUR!!!!!!!!!!

## SAT, MAY 16!!!!!!!!!!

If you would like to volunteer or put your house on the tour, please email [calendar@oldhickory.org](mailto:calendar@oldhickory.org)